



Rider Skills Days

The instructions in this document are essential information for the IAM RoadSmart Motorcycle Skills Day events.

READ ALL INSTRUCTIONS

SIGN THE DECLARATION AND BRING IT ON THE DAY

RAISE QUESTIONS IMMEDIATELY IF ANYTHING IS UNCLEAR 0300 303 1134

The **COMPULSORY** Safety Briefing will take place at 08:45. You will not be allowed on circuit if you have not attended this briefing,

Allow plenty of time for your journey.

Park in the designated area. Register with your completed disclaimer.

Remove any luggage and loose items from your machine and place them in the assigned area, these items are not allowed on circuit.

Please be in the Briefing Area at 08:45.

Registration opens at 07:45 please bring your signed Disclaimer.

Immediately after the Safety Briefing you will select the group you intend to ride in and meet your personal instructor. As an indication the groups are split:

A GROUP: Meant for those who have completed skills days (at this circuit) before and/or have circuit experience and are confident in that environment and/or have undertaken other rider training in a similar environment.

B GROUP: Consider themselves to be improvers. Have some circuit experience, have attended a skills day before. First time at this circuit.

C GROUP: First or second time on a skills day, looking to improve.

When you grade yourself on the day **be honest with yourself** and remember the day is structured to help you with your own skills.

Machine

Your motorcycle must be fully road legal. There is further guidance on machine preparation below. Daylight MOTs are not sufficient. Do not attempt to remove or tape up mirrors or remove or conceal your registration plate.

Insurance

Most policies specifically do not cover use on a racing circuit. IAM RoadSmart advise you to check with your insurance company regarding the level of cover you have for this event.

The letter prepared by IAM RoadSmart CEO Mike Quinton can be sent to your insurance company. This contains all the information about the day and can help them decide on extending insurance cover for the event.

Whilst IAM Surety will cover members to take part at IAM approved driver & rider skills days, there is no cover automatically. You must advise IAM Surety who will arrange cover with their selected insurers for a small fee. Surety will issue a letter on behalf of insurers that says the normal track day exclusion is removed for the purpose of the IAM approved Skills Day event.

You cannot purchase Skills Day cover from Surety unless you are an existing policyholder. Please note IAM RoadSmart will **always** guide you to discuss insurance with your provider not with our Support Team.

Clothing

Full and approved motorcycle protective clothing is mandatory. Leathers or textile clothing is permitted. Road legal helmets/visors/goggles must be worn.

NOTE: Helmet Cameras will not be permitted, but machine mounted cameras will be allowed provided they are securely mounted.

Catering

There are facilities on the site to purchase food and drink. Please feel free to bring a packed lunch if you prefer. Breakfast available from 07:30.

Take on plenty of fluid during the day. Tea, coffee and water will be available throughout.

Fuel

Arrive with a full tank of fuel. Nearby fuel locations are detailed in circuit specifics.

Conduct

The instruction is based around a set of core competences directly related to The System of Motorcycle Control (IPSGA), which will be explained during the theory briefing and developed by your instructor.

This event is a Skills Day not a Track Day, no timing, pace making or racing will be allowed. You will be expected to ride within your capability. Due respect must be given to all participants, by all participants. Failure to adhere to these criteria will result in a warning; if there are any further infringements the rider will be barred from the event - no refund will be made.

Cancellations

Cancelling your attendance or requests to transfer to an alternative date will not be allowed within 21 days of the event. No refund will be given within this same period. (Exceptional circumstances will be considered) All cancellation requests must be submitted in writing to support@iam.org.uk

If there is a cancellation of the event by circuit owners due to unforeseen circumstances, for example extreme weather conditions, it will be the intention to seek an alternative date.

How to prepare you and your motorcycle

You and your motorcycle will be working harder than normal whilst you ride and learn on a Skills Day. Below is a handy checklist we recommend you complete before you arrive to keep you and your motorcycle safe. Don't find yourself stuck trackside completing essential maintenance when you should be learning on the track.

P – Petrol, arrive with a full tank, you will use more fuel than for normal road riding.

O – Oils, check of the engine/gearbox oil level. Brake/clutch fluid, when was it last changed? Most manufacturers recommend 2 year intervals – if in doubt refresh it.

W – Water/Coolant. Check the level and mix. When was it last replaced? Most manufacturers recommend 2 year intervals – if in doubt refresh it. Your machine will possibly run hotter than normal during the track sessions.

D – Damage to any part of the motorcycle. Make sure everything is safely bolted together and with no obvious leaks. Any quick release luggage is to be removed and stored at the circuit prior to the track sessions.

D – Drivetrain. For chain/belt drive make sure it is adjusted in accordance with manufacturer guidelines. Chains must be lubricated correctly. Slack, dry or rusty chains will not be permitted on circuit; they are a danger to you and other riders around you. For shaft drive, service in accordance with manufacturer guidelines.

E – Electrics. Check that they are all working as normal, with all safety systems operating.

E – Exhaust. Noise is an issue and even tracks are sensitive places due to local noise regulations on non-race days – see circuit specifics below. Ensure your baffles are in and your exhaust is road legal, they will be inspected and tested. Overly noisy machines may be prevented from entering the circuit by track officials.

S – Suspension. Make sure that it's in good condition and correctly adjusted. No leaky shocks or forks.

R – Rubber. Tyres must be in good condition, not already at the minimum tread depth, and at the correct pressure, you will be working them harder than normal. Note – fully road legal tyres only, no slicks are permitted. Check your tyre condition through the day. Your tyres are the only bit connecting you to the track.

B - Braking – pad/disc condition and wear. Are your brakes up to the task?

Y – You. Make sure you are feeling fit and healthy, ready to learn. We have a zero tolerance policy to drink and drugs. Please rehydrate often, dehydration will affect your ability to operate safely.

E – One last one....Enjoy your day!

Circuit specifics

Thruxton Circuit, Andover, Hampshire, SP11 8PW
Tel: 01264 774921

From the A303 follow the signs for Thruxton Circuit ONLY; ignore signs for Thruxton village. Sat Nav users please use postcode SP11 8PN.

Main gates open from 07:30. On arrival, proceed through the main entrance, up the hill and through the tunnel. When you exit the tunnel turn left to access area behind pit garages.

Noise

Noise is a very sensitive local issue.

Strict 98dB(A) noise limit. Noise testing is in operation prior to being allowed on the circuit and throughout the day by static monitoring points on track. Machines failing the test may be prevented from entering the circuit by track officials, IAM RoadSmart cannot refund your day if you present a machine for noise testing and fail. All questions on noise testing must be directed to Thruxton Circuit direct and not to IAM RoadSmart.

Fuel

There is fuel East on the A303 at Andover or West at Solstice Park Services and Countess Roundabout. There is also a garage locally in Weyhill. Fuel may be available at the circuit during the lunch break (CASH ONLY) although it is more expensive than local petrol stations.

Accommodation

There is ample local accommodation with a choice of B&B and hotel chains.

Spectators

Spectators and guests are welcome.

Mallory Park Circuit, Church Road, Kirkby Mallory, Leicestershire, LE9 7QE Tel: 01455 502214

Follow local brown circuit signage.

On arrival, please follow signage to circuit entrance at Shaw's Hairpin and join the circuit in an anti-clockwise direction, then take first left into the Paddock Area.

Please note: We will be operating from inside the circuit and therefore, once our day commences, exiting the circuit is only available at lunchtime and at the end of the last session.

Noise

Noise is a very sensitive local issue.

Strict 98dB(A) noise limit. Noise testing is in full operation prior to being allowed on the circuit and throughout the day by static monitoring points on track and in the village. Machines failing the test may be prevented from entering the circuit by track officials, IAM RoadSmart cannot refund your day if you present a machine for noise testing and fail. All questions on noise testing must be directed to Mallory Park Circuit direct and not to IAM RoadSmart.

Fuel

There is fuel to the west (2.1 miles) in Stapleton.

Accommodation

There is ample local accommodation with a choice of B&B and hotel chains.

Spectators

Spectators and guests are welcome.

Croft Circuit, West Lane, Dalton-on-Tees, Darlington DL2 2PL

Tel: 01325 721815

Main gates open from 08:00. On arrival, drive towards the main building by the control tower where there is ample parking near the garages

Noise

Noise is a very sensitive local issue. Noise testing is in full operation. Static limit 95dB(A) but there is also an average max of 70dB over any given hour. This is monitored at the circuit and remotely by the local authority. If it is exceeded, or is likely to be exceeded, the circuit is closed until the level has dropped. Machines failing the test may be prevented from entering the circuit by track officials, IAM RoadSmart cannot refund your day if you present a machine for noise testing and fail. All questions on noise testing must be directed to Croft Circuit direct and not to IAM RoadSmart.

Fuel

There is fuel at Toll Bar Garage, 2 miles south on the A167. Postcode DL6 2JA.

Accommodation

There is ample local accommodation with a choice of B&B and hotel chains.

Spectators

Spectators and guests are welcome.

Final rider checklist

- Before you set off, complete your Disclaimer ready for registration. Register immediately on arrival.
- Plan to arrive for the mandatory Safety Briefing at 08:45.
- Plan to arrive having topped up with fuel close to the circuit.
- Check your motorcycle and kit the day before the event.