

Run sheet Driver/Rider- Competencies covered

This run sheet will assist in the development of the driver/rider on the reverse side is an area to record further information.

In the run column mark			
Competence Levels: 1 = Commended 2 = Satisfactory 3 = Requires Development			
Name		Run no.	Observer comments
Preparation	Pre-Drive/Ride Checks		
	Fitness/Eyesight check		
	Cockpit Drill (car only)		
	Rolling brake test		
	Knowledge - IPSGA		
Information	Observation - scanning		
	Use of mirrors and rear observation		
	Take, Use, Give (TUG)		
	Road signs and markings		
	Anticipation		
	Hazard management		
Position	Bends		
	Junctions		
	Roundabouts		
	Overtaking		
	Hazard prioritisation		
	Vulnerable road users		
Speed	Speed limits		
	Acceleration sense		
	Limit point		
	Braking technique		
Gears	Clutch and changing gear		
	Choice of gear		
	Timing of changes		

	Run no.	Observer comments
Acceleration	Smoothness	
	Anticipation and planning	
	Hazard awareness	
	Progress and restraint	
Other skills	Steering	
	Slow manoeuvring	
	Knowledge H/code & course material	
	Courtesy to other road users	
	Vehicle/machine sympathy	
	Spoken thoughts (car only)	

Run sheet - Observer Notes

Date:		Weather conditions		Observer Name	
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Observer Comments

Development Plan

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